

Understanding these transitions and pathways in the sling, will help you translate them to other aerial apparatuses.

40€

Workshops by Karen Ruby

meet Ruby Karen

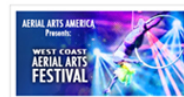
A fiery advocate of higher education in the performing arts, Ruby Karen founded the West Coast Aerial Arts Festival (WCAAF), the first aerial non-filtered competition in the United States. She authored and introduced the International Aerial Teachers Training Program (IATTP) and the Performer's Certification programs to promote its mission of elevating safety standards in the aerial arts community worldwide. Through its non-profit organization, Aerial Arts America, she created the scholarship program to provide students with additional education in aerial arts throughout the US, a truly great endeavor in a country with limited to non-existent government funding in the arts and education.

With a career spanning four decades, Ruby Karen has thrived in the performing arts: circus, dance, theater, cinema, music and fitness disciplines. With roots in Manila, Ruby Karen's success brought her to metropolises from Zurich to Tokyo, New York, Tel Aviv, Mumbai and Los Angeles. Her accomplishments as an aerialist, dancer, choreographer and creative director include three world titles in dance, guest performance on "So You Think You Can Dance," an instructional dance DVD, and founding the Aerial Dance Fitness studio which is a community builder through its Teacher Alliance. Giving consultations, creative directorship and workshops, she has left her footprint in over twenty countries. Ruby Karen is the recipient of several recognition awards in the performing arts field and has received ostensible press coverage from respected publications across the US, Asia, and Europe. She is excited to bring her knowledge to the Belgian Aerial Arts Convention this March at the Dommelhof.

To learn more: www.rubykarenproject.com www.aerialartsamerica.org

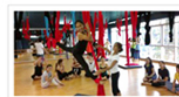
AERIAL ARTS AMERICA

WC Aerials Arts Festival



Aerial arts competition comprising of (3) fundamental aerial apparatuses, the Aerial Tissue and Single or Double Point (Static) Trapeze.

Aerial Arts Certifications



AERIAL ARTS AMERICA provides cutting edge training for aerial arts instructors in a proper and safe environment.

Scholarship Program



We implemented the scholarship program to develop, maintain and promote high and safety standards in aerial arts.



www.rubykaren.com

Choreography Experience:

Ruby Karen produced and choreographed more than 10 full-length productions, multiple variety shows and has been commissioned to create pieces for individuals and organizations both domestically in the US and internationally, including AQUARIUM OF THE PACIFIC VISION THEATER, AISHA, CIRQ D'BALLET, CAMERATA TANGO, SKYFLY, AIRDANCE, PEARSON AMPHITHEATER, and ANAHEIM ANGELS among others. Several of her pieces have won competitions.

Aerial Arts Performance and Teaching Experience:

Since the early 70's when Ruby Karen started her education and first main professional career in classical ballet, she has blossomed as a performing artist and educator. Over the years she reinvented herself in fitness and acrobatics, finally focusing on aerial arts in 2002. She has appeared for hundreds of performances and workshops throughout the United States and internationally.



(<http://aerialartsamerica.com/>)

Choreography – Building an Aerial Act

COMPLEMENTARY WORKSHOP

(free for all those joining the convention)

A combination of lecture and practical education, this workshop is recommended for individuals who want to choreograph effective routines or round-out existing ones. Focus will be on structure and identifying the factors relevant in a complete composition. We seek attendees to be active and apply their vocabulary.

Complimentary.

Building Blocks – Working with Transitions

A Teacher's Guide

Transitions are the glue in a routine, an act or even a class session. But they are also the spice. These are essential components to the completion of a segment or choreography. In this workshop, we will be exploring the givens: phases, length, vocabulary and the artist's/ student's skill level as requirements when imposing transitions, as well as identifying skills that can be converted into effective transitions.

This workshop is useful for the artist of an advanced level who wants to polish out their own understanding of transition technique, but also useful for the aerial teacher in instructing students of various levels.

25€

Spin Technique

For Lyra or Dance Trapeze artists

This workshop will introduce technique in generating and maintaining spins, and show a variety of spin shapes and mounting technique. Great to take this to the fast fly workshop afterward and ascend at speeds up to 2 m/s.

15€

Creative Cross-Back Entrances

Silks

For intermediate silks students who can straddle up in the air or for silks instructors and doubles teams.

Cross-back on fabric is one of the fundamental initial moves in Silk. This workshop will introduce you to simple yet efficient ways of entering a cross back whether as a transitional move or to create shapes and to develop motion tricks. The workshop will offer a variety of entrances to cross-back with & without locks.

15€

Hammock

Drops, Shapes and More

For the intermediate to advanced student of aerial who may be a beginner on this apparatus.

Presenting a chunk of combination that covers aerial elements consisting of Lines, Shapes, Motion, Dynamic Movements and Transitions. In this workshop, you will learn individual tricks in unusual mounts and exits as it moves smoothly into another set of tricks, eventually formulating into a portion of an act.

30€

Dance Trapeze

Drops, Shapes and More

Presenting a chunk of combination that covers aerial elements consisting of Lines, Shapes, Motion, Dynamic Movements and Transitions. In this workshop, you will learn individual tricks in unusual mounts and exits as it moves smoothly into another set of tricks, eventually formulating into a portion of an act.

30€

From Silks to Rope

Differentiating and Migrating Skills

This workshop is recommended for aerialists who have fundamental Silks technique and want to explore Rope. You will interchange silk skills into rope and learn effective way to execute the in rope. We shall explore skills on Climbs, Rolls, Dives and Shapes

40€

Basic Mallakhamb

Mallakhamb is a traditional sport, originating from the Indian subcontinent, in which a gymnast performs aerial yoga postures and wrestling grips in concert with a vertical stationary or hanging wooden pole, cane, or rope. This workshop will teach you basic mounts into fundamental skills including simple jump, crucifix and lotus position and evolve to the level of the students.

40€

Advanced Hoop w/ Hoku

This workshop is for the advanced aerialist with good flexibility and decent strength who wants to showcase new aggressive moves in their routine.

20€